Is wireless radiation making you sick?

Health effects from wireless exposure include:

- heart arrhythmia
- nausea, vomiting
- dizziness or fainting
- seizures
- stroke
- migraines, headaches
- ringing in the ears
- sleep problems
- heart, eye, or ear pain
- brain fog, memory loss
- ear or nose bleeding
- chest pressure
- flu-like symptoms
- cognitive problems
- mood disorders
- agitation, shakiness
- abnormal fatigue
- autoimmune disorders
- worsened health
- electromagnetic sensitivity

Reduce your exposure. Wire your connections.

Use a corded landline for telephone service.

Use ethernet cable and non-wireless modems for internet.

Only use wired baby monitors.

Disable wireless functions on computer, laptop, printer, modems, and electronics.

Opt-out of "Smart" wireless meters and request analogue, non-digital meters.

Keep electronics out of your bedroom and ideally, turned off at night.

Keep wireless devices away from children.

Create a safer, cleaner environment for you and your loved ones.

For research, information, and safety tips:
- Physicians for Safe Technology www.mdsafetech.org
- Environmental Health Trust www.ehtrust.org
- Smart Meter Harm www.smartmeterharm.org
- Stop Smart Meters (UK) www.stopsmartmeters.org.uk
- https://rfinfo.co.uk/inform/
- https://www.mothersforsafetech.co.uk/

See also a short film Remembering Nearfield, Film on Electromagnetic Radiation (ehtrust.org)